

# Heather Baker 5K Run/Walk Race

## May 12, 2018

Registration/Packet Pick-up: 6:30 AM – 7:40 AM at 1490 Roth's Church Rd @ Spring Grove Tennis Courts

Opening Ceremony: 7:45 AM

Start Time: 8:00 AM

Fee: \$25.00 includes a t-shirt if registered and paid by April 20<sup>th</sup>.

\$15.00 includes a t-shirt for children 12 and under if registered and paid by April 20<sup>th</sup>

\*\*\*Fruit smoothies will be available after the race for \$5.\*\*\*

Proceeds from this race will be used for families in the York/Adams County area who are battling cancer.

Registration Form is below: complete, detach, and mail with check to the address shown.

Map of the route is on the back of this registration form.

Mail to: Heather Baker Foundation c/o 5K Race

Michelle Garrett

207 Seneca Way

Spring Grove, PA 17362

or

Drop off at Spring Grove High School in the Main office

Questions: Please call Christine Kenney 717-309-5337 or Michelle Garrett 717-817-6414

Detach and Return Bottom portion with Your Payment

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### Heather Baker Foundation 5K Run/Walk Race 2018

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Name \_\_\_\_\_ Age \_\_\_\_\_ Circle one: M / F

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Email address \_\_\_\_\_

Adult T-Shirt Size (circle one)    S    M    L    XL    XXL

Youth T-Shirt Size (circle one)    M    L

I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of your accepting my entry. I hereby and forever release the Heather Baker Foundation/ Spring Grove School District, race officials, volunteers and all sponsors, their representatives and successors from any and all claims or liabilities of any kind arising out of participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recording or any record of this event for any legitimate purpose.

Participant's Signature \_\_\_\_\_ Registration Fee \$ \_\_\_\_\_

*If the participant is under 18, the parent/legal guardian must sign*

Donation: \$ \_\_\_\_\_

**Make checks payable to: Heather Baker Foundation**

# Race Map

