

Menu Subject to Change

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JANUARY 2023

Middle School Menu

Spring Grove Area School District

Students (K-4)) Breakfast \$4.25 Student Lunch \$2.30
Students (5-12) Breakfast \$4.35 Student Lunch \$2.55
Reduced Breakfast \$0.30
Reduced Lunch \$0.40
Adult Breakfast \$1.85 Adult Lunch \$4.05

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	No School 3	*Hamburger or Cheeseburger Confetti Fries Assorted Fruit *Cook's Choice *PBJ Uncrustable 4	*Chicken Alfredo w/ Roll Broccoli Fresh Fruit *Cook's Choice *PBJ Uncrustable 5	*Assorted Pizza Mixed Veggies Assorted Fruit *Cook's Choice *PBJ Uncrustable 6
*Cheesy Lasagna Roll-Up w/ Garlic Knot Green Beans Assorted Fruit *Yogurt Munchable *PBJ Uncrustable 9	*Beef Tacos Refried Beans Fresh Fruit *Chicken Fajita Wrap *PBJ Uncrustable 10	<i>National Milk Day</i> *Chicken Tenders w/ Roll Cheesy Au Gratin Potatoes Assorted Fruit *Chicken Fajita Wrap *PBJ Uncrustable 11	*Pot Pie w/ Funnel Cake Rocket Salad Fresh Fruit *Cook's Choice *PBJ Uncrustable 12	Early Dismissal 13
No School 16	*Chicken Patty Sandwich Corn Fresh Fruit *BBQ Rib Sandwich *PBJ Uncrustable 17	*Meatball Sub Steamed Carrots Assorted Fruit *Grilled Chicken Garden Salad *PBJ Uncrustable 18	<i>National Popcorn Day</i> *Shrimp Poppers w/ Buttered Noodles & Roll Broccoli Fresh Fruit *BBQ Rib Sandwich *PBJ Uncrustable 19	*Assorted Pizza Mixed Veggies Assorted Fruit *Cook's Choice *PBJ Uncrustable 20
<i>National Pie Day</i> *Fish Sticks w/ Mac & Cheese Carrots Assorted Fruit "Deconstructed" Blueberry Pie *Turkey & Cheese Sandwich *PBJ Uncrustable 23	*French Toast Sticks w/ Sausage Tater Tots Fresh Fruit *Turkey & Cheese Sandwich *PBJ Uncrustable 24	*Western Burger <i>Bacon Cheeseburger with Onion Rings & BBQ sauce on the side</i> Baked Beans Assorted Fruit *Fajita Chicken Garden Salad *PBJ Uncrustable 25	*Roast Pork w/ Roll Sauerkraut Mashed Potatoes Applesauce / Fresh Fruit *Turkey & Cheese Sandwich *PBJ Uncrustable 26	*Assorted Pizza Mixed Veggies Assorted Fruit *Cook's Choice *PBJ Uncrustable 27
*Grilled Cheese Tomato Soup w/ crackers Broccoli Assorted Fruit *Yogurt Munchable *PBJ Uncrustable 30	*Stromboli Sweet Potatoes <i>PA Harvest of the Month</i> Fresh Fruit *Ham & Cheese Sandwich *PBJ Uncrustable 31	<p>*Universal Free* Breakfast Menu: open until 9:30am Cold options available daily</p> <p>Monday: Whole-Grain Muffin Tuesday: Whole-Grain Pastry Wednesday: French Toast Sticks Thursday: Whole-Grain Pastry Friday: Bacon or Sausage, Egg & Cheese Sandwich</p> <p>Choice of fruit, 100% juice & milk #FuelUpRockets</p>		

***Choice of milk:**
low-fat white, chocolate
and nonfat strawberry

Free & Reduced Meal Applications are
available on the
district website or at www.compass.state.pa.us

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com