

Menu Subject to Change

FEBRUARY 2023

Spring Grove Area School District

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Intermediate School Menu

Students (K-4) Breakfast \$1.25 Student Lunch \$2.30
Students (5-12) Breakfast \$1.35 Student Lunch \$2.55
Reduced Breakfast \$0.30
Reduced Lunch \$0.40
Adult Breakfast \$1.85 Adult Lunch \$4.05

Monday

Tuesday

Wednesday

Thursday

Friday

Universal Free Breakfast Menu:

Monday: Whole-Grain Muffin Variety of cold options available daily
Tuesday: Whole-Grain Pastry
Wednesday: French Toast Sticks Choice of fruit, 100% juice & milk
Thursday: Whole-Grain Pastry
Friday: Breakfast Egg Sandwich

6

***Mozzarella Cheese Sticks w/ Marinara**
Winter Blend Veggies
Assorted Fruit
***Yogurt Munchable**
***PBJ Uncrustable**

7

***Beef Nachos**
seasoned local PA beef, Tortilla chips + toppings
Baked Beans
Fresh Fruit
***Pizza Munchable**
***PBJ Uncrustable**

8

***Chicken Philly**
Baked Fries
Assorted Fruit
***Chef Salad w/ Roll**
***PBJ Uncrustable**

9

National Pizza Day
***Pizza Burger**
Pizza Green Beans
Fresh Fruit
***Pizza Munchable**
***PBJ Uncrustable**

10

***Assorted Pizza**
Broccoli
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**

13

***Cheesy Calzones**
Italian Mixed Veggies
Assorted Fruit
***Yogurt Munchable**
***PBJ Uncrustable**

14

***Hot Ham & Cheese Pretzel Sammich**
Chicken Corn Soup
Peas-be-mine blushing Pears
***Chef Salad w/ Roll**
***PBJ Un-crush-able**

15

Brunch for Lunch
***Mini Pancake Sausage Bites**
Hash Brown
Carrot & Celery Sticks
Assorted Fruit
***Sausage & Cheese Sandwich**
***PBJ Uncrustable**

16

***Cook's Choice**
Assorted Veggies
Assorted Fruit
***PBJ Uncrustable**

17

No School

20

No School

21

No School
Teacher In-Service

22

***Chicken Nuggets**
3-Cheese Cavatappi
Steamed Carrots
Assorted Fruit
***BBQ Rib Sandwich**
***PBJ Uncrustable**

23

National Chili Day
A mid-west school lunch favorite
***Chili & Cinnamon Roll**
Broccoli
Fresh Fruit
***BBQ Rib Sandwich**
***PBJ Uncrustable**

24

***Assorted Pizza**
Corn
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**

27

***Grilled Cheese Sandwich**
Tomato Soup
Peas
Assorted Fruit
***Yogurt Munchable**
***PBJ Uncrustable**

28

***Orange Chicken w/ Veggie Fried Rice**
Broccoli
Fresh Fruit
***Hot Dog on Bun**
***PBJ Uncrustable**

***Choice of milk:**
low-fat white, chocolate and nonfat strawberry & vanilla when available

Free & Reduced Meal Applications are available on the district website or at www.compass.state.pa.us

