

Menu Subject to Change

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FEBRUARY 2023

High School Food Court

Spring Grove Area School District

Students (K-4) Breakfast \$1.25 Student Lunch \$2.30
Students (5-12) Breakfast \$1.35 Student Lunch \$2.55
Reduced Breakfast \$0.30
Reduced Lunch \$0.40
Adult Breakfast \$1.85 Adult Lunch \$4.05

Monday

Tuesday

Wednesday

Thursday

Friday

***Universal Free* Breakfast Menu:** open until 9:30am

Monday: Whole-Grain Pastry Variety of cold options available daily
Tuesday: Breakfast Pizza
Wednesday: French Toast Sticks Choice of fruit, 100% juice & milk
Thursday: Whole-Grain Pastry #FuelUpRockets
Friday: Bacon or Sausage -Egg & Cheese Sandwich

***Johnny Marzetti w/ Garlic Knot** 1
Seasoned Mixed Veggies
Assorted Fruit

National Tater Tot Day 2
***Totchos**
Seasoned turkey taco meat or pulled pork w/ crisp tater tots & soft pretzel
Fresh Fruit

***Assorted Pizza** 3
Steamed Carrots
Assorted Fruit

***Mozzarella Cheese Sticks w/ Marinara** 6
Winter Blend Veggies
Assorted Fruit

***Beef Nachos** 7
Seasoned local PA beef, Tortilla chips + toppings
Baked Beans
Fresh Fruit

***Chicken Philly** 8
Baked Fries
Assorted Fruit

National Pizza Day 9
***Pizza Burger**
Pizza Green Beans
Fresh Fruit

***Assorted Pizza** 10
Broccoli
Assorted Fruit

***Cheesy Calzones** 13
Italian Mixed Veggies
Assorted Fruit

***Hot Ham & Cheese Pretzel Sammich** 14
Peas-be-mine blushing
Fruit Cup

Brunch for Lunch 15
***Bacon, Egg & Cheese or Sausage & Cheese Sandwich**
Hash Brown
Carrot & Celery Sticks
Assorted Fruit

***Cook's Choice** 16
Assorted Veggies
Assorted Fruit

No School 17

No School 20

No School 21
Teacher In-Service

***Chicken Tenders w/ 3-Cheese Cavatappi** 22
Steamed Carrots
Assorted Fruit

National Chili Day 23
A mid-west school lunch favorite
***Chili & Cinnamon Roll**
Broccoli
Fresh Fruit

***Assorted Pizza** 24
Corn
Assorted Fruit

***Grilled Cheese Sandwich** 27
Tomato Soup
Peas
Assorted Fruit

***Orange or Teriyaki Chicken w/ Veggie Fried Rice** 28
Broccoli
Fresh Fruit

Students *must* have cash or a positive meal account balance to purchase a la cart or extra items.



Free & Reduced Meal Applications are available on the [district website](http://www.compass.state.pa.us) or at www.compass.state.pa.us

***Choice of milk: low-fat white, chocolate, and nonfat strawberry**
Your Lunch- Your Way
3 USDA components with *at least* 1 serving of fruit or vegetables = a complete meal!
Self-Service: **Salads*Fruit Bar*Veggie Bar*Grab'n'Go Sandwiches**

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com