

Menu Subject to Change

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FEBRUARY 2023

Elementary Schools Menu

Spring Grove Area School District

Students (K-4) Breakfast \$1.25 Student Lunch \$2.30
Students (5-12) Breakfast \$1.35 Student Lunch \$2.55
Reduced Breakfast \$0.30 Reduced Lunch \$0.40
Adult Breakfast \$1.85 Adult Lunch \$4.05

Monday

Tuesday

Wednesday

Thursday

Friday

Universal Free Breakfast Menu:

Monday: Whole-Grain Muffin Variety of cold options available daily
Tuesday: Whole-Grain Pastry
Wednesday: French Toast Sticks Choice of fruit, 100% juice & milk
Thursday: Whole-Grain Pastry #FuelUpRockets
Friday: Breakfast Egg Sandwich

6
*Mozzarella Cheese Sticks w/ Marinara
Winter Blend Veggies
Assorted Fruit
*Pizza Munchable
*PBJ Uncrustable

7
*Beef Nachos
seasoned local PA beef, Tortilla chips + toppings
Refried Beans
Fresh Fruit
*Pizza Munchable
*PBJ Uncrustable

8
*Chicken Patty Sandwich
Baked Fries
Assorted Fruit
*Pizza Munchable
*PBJ Uncrustable

National Pizza Day
9
*PIZZA
Pizza Green Beans
Fresh Fruit
*Pizza Munchable
*PBJ Uncrustable

10
*Chicken Alfredo w/ Garlic Bread
Broccoli
Assorted Fruit
*Pizza Munchable
*PBJ Uncrustable

13
*Cheesy Calzones
Italian Mixed Veggies
Assorted Fruit
*Hot Dog on Bun
*PBJ Uncrustable

14
*Hamburger on Bun
Chicken Corn Soup
Peas-be-mine blushing Pears
*Hot Dog on Bun
*PBJ Un-crush-able

15
*Hot Ham & Cheese Pretzel Sandwich
Garden Salad
Mushrooms PA Harvest of the Month
Assorted Fruit
*Hot Dog on Bun
*PBJ Uncrustable

Brunch for Lunch
16
*Mini Pancake Sausage Bites
Hash Brown
Carrot & Celery Sticks
Fresh Fruit
*Hot Dog on Bun
*PBJ Uncrustable

17
No School

20
No School

21
No School
Teacher In-Service

22
*Chicken Nuggets w/ Roll
3-Cheese Cavatappi
Steamed Carrots
Assorted Fruit
*Fish Sticks w/ Roll
*PBJ Uncrustable

National Chili Day
A mid-west school lunch favorite
23
*Chili & Cinnamon Roll
Broccoli
Fresh Fruit
*Fish Sticks w/ Roll
*PBJ Uncrustable

24
*Assorted Pizza
Corn
Assorted Fruit
*Fish Sticks w/ Roll
*PBJ Uncrustable

27
*Grilled Cheese Sandwich
Tomato Soup
Peas
Assorted Fruit
*Bologna & Cheese
*PBJ Uncrustable

28
*Sweet 'n sour Chicken w/ Veggie Fried Rice
Broccoli
Fresh Fruit
*Bologna & Cheese
*PBJ Uncrustable

*Choice of milk:
low-fat white, chocolate and nonfat strawberry & vanilla when available

Free & Reduced Meal Applications are available on the district website or at www.compass.state.pa.us

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

